



INFORMATION PACKET

WHAT IS HOME CARE?

Home Care is non-medical care provided by trained professionals that keeps people safe and as independent as possible in the comfort of their own home. Services provided includes:

- Medication Reminders
- *Personal Care:* Bathing, Grooming, Dressing, Toileting Assistance
 - Transportation to appointments and other errands
 - Meal Preparation and Diet Monitoring
- Much More! Go to www.CrossHomeCareLLC.com for more information

COSTS OF IN-HOME CARE VS. CONTINUING CARE

According to <https://www.medicaidplanningassistance.org/nursing-home-costs/>:

The average 2020 Nursing Home Costs surrounding Erie, PA are:

Private room= \$325 daily Shared room= \$302 daily

According to www.seniorcare.com:

Out of pocket costs for Home Care in PA range from \$21-28 per hour. Cross Home Care charges \$25/hour with a minimum of two (2) hours per day. You could receive home care services for as little as \$50/day!

COST OF SERVICES

MCO Community Health Choices: UPMC, PA Health & Wellness, AmeriHealth Caritas

Accepted Medicaid Waivers: Act 150 & OBRA

Private Pay: \$25/hour (\$35 hour for couples)

All services require a two-hour minimum and are offered 24/7

Holidays cost 1 ½ times the regular hourly rate

Recognized Holidays: New Year's Day, Presidents Day, Easter, Memorial Day, 4th of July, Labor Day, Veteran's Day, Thanksgiving Day, and Christmas Day

WHY IN-HOME CARE?

Are you having difficulty with things that used to seem so simple or you might just want some company? Or maybe you are considering home care for a parent or spouse? At Cross Home Care, our highly trained Caregivers are there to help with the difficult tasks. You tell us what you need done and we will be there for you.

If you are like most people, you would choose living at home for as long as possible compared to other alternatives like moving to an assisted living facility or a nursing home. Independence is something you have perfected your entire life and you shouldn't give it up easily. This is why home care is an amazing option.

WHAT SEPARATES CROSS HOME CARE FROM THE REST?

Mission Statement: Our mission at Cross Home Care is to provide remarkably skilled staff in order to deliver the highest level of non-medical companion and personal care possible to keep seniors and adults with disabilities in their homes for as long as possible.

CAREGIVER TRAINING:

Cross Home Care's employees pride themselves on the extensive training they have completed in order to provide the highest level of care possible. All Personal Care Providers are required to complete Annual Competency Training in the following areas:

Required By State:

Additional Training Offered:

Confidentiality	Caring for Stroke Patients
Consumer Control and The Independent Living Philosophy	Caring for ALS Patients
Instrumental Activities of Daily Living	Caring for people with Alzheimer's
Recognizing Changes in The Consumer That Need to Be Addressed	The Importance of Strength Training for Elderly
Basic Infection Control	Recovering from a Fall
Universal Precautions	Fall Prevention
Handling of Emergencies	Preventing Pressure Ulcers
Documentation	Activities of Daily Living
Recognizing and Reporting Abuse Or Neglect	Hospice Care
Dealing with Difficult Behaviors	Professionalism
Bathing, Shaving, Grooming and Dressing	Caring for the Blind and Visually Impaired
Hair, Skin and Mouth Care	Caring for the Hearing Impaired and Deaf
Assistance with Ambulation and Transferring	Caring for Patients with Parkinson's
Meal Preparation and Feeding	Mobility for the Elderly
Toileting	Mental Health
Assistance with Self-Administered Medications	Brain and Nervous System
	Lifting and Back Safety
	Transfer and Positioning
	Driver Safety Training
	Nutrition Guidelines for Diabetics
	Cerebral Palsy
	Skin Care for Amputees

In addition, all caregivers are fully insured and bonded!

HIRING REQUIREMENTS FOR CAREGIVERS:

- High School Diploma or GED
- Reference Checks
- Drug Testing
- Criminal Background Check
- Annual Tuberculosis Screening
- CPR Certification
- Child Abuse Clearances
- The following verifications:
 - Valid driver's license
 - Driving record review
 - Working cell phone
 - Valid registration
 - Valid inspection
 - Adequate auto insurance